

SAHNOAN STAR

Stand Not Between Me and the Sun

Dear Ranch Family,

I was reflecting on the amazing summer season we have had. I have received feedback about the positive vibe people have experienced. I want to thank you all for keeping things positive and fun; it has been noticed! That is our best advertisement! We have had many friends invite friends and had a record number of new members. The entertainment and events have been well received. We have tried some new things, like having a food vendor which has been wonderful to let our members who often volunteer for food service, have a break to enjoy themselves. Horse racing was a huge hit and that will continue. We had so much fun with Karaoke and had a great variety of music with the different DJ's. We also tried different kinds of music to appeal to a variety of tastes. Summer is also hard work, and I would like to say thank you to everyone who has helped in ways big and small. Every effort made by our members is valued. We cannot do what we do without everyone helping out. I also want to say thank you to all of you for supporting me, as I have been trying to keep the organization moving ahead and in good shape physically and financially.

We are still looking forward to the Chilly Cheeks 5K race and would welcome help on the work days on September 17th and October 1st. We are in pretty good shape but there is always clean up to do to get ready for that event. The race is on October 8th so think about volunteering for that event. It is always a good time!

It is with mixed feelings that we enter into fall. We miss all our summer pals when the weather gets cooler. I hope that some of you will come and experience the beauty of the ranch in the fall. The weather is great, we still have fun events and the indoor pool and hot tub are toasty warm! We have a new TV by the pool that will hopefully allow for group football watching. We hope to be even more creative with activities for the cooler months and to start brainstorming for next summer. As with everything, one ending is a new beginning. We hope to have many new beginnings with those who enjoy social nudism and love our little paradise as much as we do. Let us keep the positive vibe going!

Crystal
Board President

**EVERY ENDING WILL
MEET ITS OWN END.
FOR EVERY ENDING IS
DESTINED TO BE
SWALLOWED UP BY A
BEGINNING.**

- CRAIG D LOUNSBROUGH

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Wow!

What an incredible turn out for labor Day Weekend here at the Ranch. Thanks to all who turned out for the fun. and a special thanks to all of our volunteers who made it happen! lots of games and here are the results:

Petanque				
SATURDAY			SUNDAY	
1 st Place	2 nd Place			
Dina P	Charles L			
Abby	Emily			
Pickleball				
SATURDAY			SUNDAY	
1 st Place	2 nd Place			
Steve C	Kim D.			
Ty	Bart W			
Water Volleyball				
SATURDAY			SUNDAY	
1 st Place	2 nd Place		1 st Place	2 nd Place
Bill B	Mark S		Mike K	Chris A
Chris A.	CM J		Phil C	Mark S.
Kim D	Dina P		Kate M	CM J
Syndia	Courtney M		Tim V	Michael I
Roy G	Austin		Stan J	Betty N
Jason	Jordan P			
Washers				
SATURDAY			SUNDAY	
1 st Place	2 nd Place		1 st Place	2 nd Place
Jody J	Jordan D		Red	Steve C
Kim D	John B		Tim V	Johnathan S
Cornhole				
SATURDAY			SUNDAY	
1 st Place	2 nd Place		1 st Place	2 nd Place
			Tim V	Betty N
			Byron M.	Phil C

This & That

SOMETHING DIFFERENT

This past Saturday (September 3rd) we tried something different at the Pool. Before the Dance, we were entertained by three gentlemen with three very different acoustic sets. The first set was full on Country performed by Corey Weaver, accompanied by Travis Thompson on guitar. Next was songwriter Michael Kiddoo, playing his original stylings. Ending the night was Travis Thompson with a Bluegrass set. Like all things at Star, reviews were mixed, but you couldn't deny the artistry present.



CAKE ANYONE?

Showing HCN how much we appreciate their generosity toward Star Ranch. This summer we were gifted a new table tennis (ping pong) table, a corn hole game set, and a new grill.

WE GOT RAIN!

No matter how bad we think we have it, things can be worse. On a recent trip to Wildwood Naturist Park just north of Fort Worth, it was so bad that the field you see in front of our trailer literally crunched as we walked across it to get to the clubhouse!



Happy 65th Birthday!



...to Star Ranch!

September 24th will be the big day for celebrating this year - the 65th!

In honor of the celebration we are also making it the fall's Members' Only Day, so come on out with the rest of the Members and enjoy the celebration.

Music at 8PM by 

Not a member, no problem, call the Office today for your application to get the ball rolling.

**Race is Saturday,
October 8th
Start time is 1:00pm**



WE NEED YOU for the 5K. We have seen a surge in registrations for runners over the last two races.

This will be the largest "Chilly Cheeks" we have ever run, and it will be smaller than the Bare Buns run last spring. But it takes as many volunteers to run a small race as it does a larger one, so we need your help. The easiest way to volunteer is to click the button below, but you can also call the office and let them know by phone that you are interested in helping out. Let's close out this summer season in style with an awesome race (and burgers at the pool afterwards). Linda M., GM [Click Here to Volunteer](#)

BIRTHDAYS AND CELEBRATIONS

SEPTEMBER BIRTHDAY DINNER

WHEN: Friday, September 16, 2022

TIME: 6:00pm

WHERE: "El Nuevo Mexico" in Bastrop ([click here for menu link](#)) ([click here for map](#))



September, October, & November Birthdays

September	
9/1	Shepard S
9/5	Mark W
9/6	Jennifer H
9/6	Crystal W
9/9	Belinda A
9/10	Mark B
9/10	Kim D
9/12	Slayter S
9/13	Dina P
9/15	Craig B
9/16	Thomas L
9/17	Ron E
9/18	Jamie M
9/19	Joe W
9/21	Brandi T
9/23	Adam C
9/25	Mike W
9/26	Cathy M
9/28	Pat W
9/30	Bob R

October	
10/2	Luke T
10/3	Glenn G
10/7	Cody H
10/7	Donna K S
10/8	Bill G
10/8	Catherine N
10/8	Stephanie M
10/14	Lottie H
10/14	Michelle L
10/15	Laura G
10/15	Teresa R
10/17	Gregory S
10/18	Patrick L
10/19	Heather K
10/19	Ethel M
10/21	Rod Mc
10/24	Rob D
10/24	Sharon G
10/26	Mike G
10/27	Kathy J
10/29	Jason A
10/29	Ronald F
10/29	Steve O

November	
11/1	Russell S
11/2	Judy L
11/3	Dominique D
11/3	Mike K
11/3	Kirby G
11/4	Carolyn C
11/4	William "Bill" P
11/8	Thomas M
11/9	Mace T
11/10	Pexie D
11/12	Jennifer B
11/12	Lynn D
11/15	Kathryn McG
11/17	Gopal A
11/18	Adam W
11/19	Mike A
11/21	Peter G
11/25	Ann S
11/26	Jan A
11/26	Colton H
11/27	Bill H
11/30	David P

COMING ATTRACTIONS/EVENTS

ALL EVENTS ARE SUBJECT TO CHANGE

[Click Here For Online Calendars](#)

<p>Friday, September 9 7:00pm Meet & Greet</p>		
<p>Saturday, September 10 8:30am Breakfast at The Nekkid Parrot 11:00am Blind Golf Cart Race (yes, the driver is blindfolded and the passenger guides the driver through the course. this is a timed event) 2:00pm Snacks @ the pool 8:00pm Classic Country with DJ Larry S @ the pool</p>		
<p>Sunday, September 11 8:30am Breakfast at The Nekkid Parrot 10:00am Sahnnoan Council Meeting</p>		
<p>Friday, September 16 6:00pm Birthday Dinner - El Nuevo Mexico Bastrop 7:00pm Meet & Greet</p>		
	<p>Saturday, September 17 WORKDAY 8:00pm KARAOKE with KJ CM @ the Parrot</p>	
<p>Sunday, September 18 10:00am COG Board of Directors</p>		
<p>Friday, September 23 7:00pm Meet & Greet</p>		
<p>Saturday, September 24 MEMBERS ONLY WEEKEND 65th Anniversary of Star Ranch</p>		
<p>8:30am Breakfast at The Nekkid Parrot 11:00am Homemade Ice Cream Contest 12:00pm Water Volleyball</p>	<p>2:00pm Snacks @ the pool 4:00pm Toddie Carts 8:00pm X FACTORY</p>	
<p>Sunday, September 25 MEMBERS ONLY WEEKEND</p>		
<p>Friday, September 30 7:00pm Meet & Greet</p>		
<p>Saturday, October 1 WORKDAY</p>		
<p>Friday, October 7 7:00pm Meet & Greet</p>		

<p align="center">Saturday, October 8 CHILLY CHEEKS 5k RACE 1:00pm Burgers are served! 8:00pm DJ Dance @ the Pavilion</p>
<p align="center">Sunday, October 9 10:00am Sahnnoan Council Meeting</p>
<p align="center">Friday, October 14 7:00pm Meet & Greet</p>
<p align="center">Saturday, October 15 10:00am COG Board of Directors 2:00pm Snacks @ the pool 6:00pm Luau (more information coming soon)</p>
<p align="center">Friday, October 21 6:00pm Birthday Dinner - Santa Fe Steakhouse in Giddings TX 7:00pm Meet & Greet</p>
<p align="center">Saturday, October 22 2:00pm Snacks @ the pool 2:00pm Table Tennis Tournament</p>
<p align="center">Friday, October 28 7:00pm Meet & Greet</p>
<p align="center">Saturday, October 29 HALLOWEEN 10:00am Decorate Tara Hall for Halloween Dance 2:00pm Snacks @ the pool 8:00pm Halloween Party & Dance 9:00pm Costume Contest</p>

**For all of the sports junkies out there,
we now have a TV at the Pavillion...**



Mark's Musings

Nudity Saved My Life

We have all had those eye opening moments in life. It might be the moment you first saw your spouse, the birth of a child, your first hunting trip, your first dance recital, executing the winning play or reaching retirement age. I was reminded this past weekend how a seemingly routine event can change lives.

We were conducting a membership interview with Michael and Vickie. Like some of us, they focused on raising a family and are now discovering life post primal parenting. Primal parenting years are those years in which your attention is focused on the kiddos. Anyway, they googled nude resorts and found the same list of clubs we are all familiar with. What brought them to Star? The background check. They were impressed with our level of concern for their safety. Good job Star Ranch.

They call up and reserve a room thinking they can hibernate if the place turns out to be a dump. They make the drive over to Star which is about two hours. Vicky is stressing like some women who as we know expect to see nothing but super models. We know that is not reality but until you see it you just don't know. They actually came out of their room and met some folks. Vicky and Michael both realized that we all have the same parts and pieces nude and began to relax.

Since that first visit, they have now been back five times and visited another AANR resort. They completed an application to join Star yesterday and waited for their interview. That puts us in the club house this morning when the council was treated to some fabulous news.

Vickie blurts out that she thinks we saved her husband's life. I was very intrigued by this and obviously looked at Michael for an explanation. He explains that pre-Star Ranch he was an exceedingly private person about his body. To the point he did not feel comfortable during medical appointments. So much so, that he avoided said appointments. His Star Ranch experience settled his nerves about his body and he began to schedule medical appointments. It was during one of these appointments that his doc found a large polyp in his colon. The doc removed it and all is well now. Michael closes by saying Star Ranch saved my life.

Vickie than says that we also helped her body image. She states that since the age of nine, Vicky has been made to feel like she was a misfit toy. Those are her words, not mine. It seems that through the lottery known as genetics, Vicky's hand included Alopecia. This is a condition that causes the hair on your head to fall out. Can you imagine as a child having your hair fall out and being told it will never grow back? Wigs became her friend and as Vicky tells it, she does not remove them publicly. That all changed at Star Ranch. Vicky was feeling so beautiful that she removed her wig. The Star Ranch family embraced her.

Neither Michael or Vickie have looked back. They are members as of this morning and plan to spend plenty of time with us as life moves forward.

For the first time, given the medical aspect, I sought permission to write this article. Don't expect the rest of you to be given such notice. Smile. Thank you to Michael and Vickie for sharing your stories. We are proud to have you on the team. Thank you to the Star Team for doing what you do. Treating people like people and not misfit toys.

Keep your eye out for a podcast with Michael and Vickie soon.

Mark S

Tidbits

The next Board of Directors meeting is scheduled for **SUNDAY, September 18th, @ 10am @ Tara Hall**

EVEN THOUGH WE HAVE HAD A LOT OF RAIN, A BURN BAN IS STILL IN PLACE



Friendly Reminder—Bastrop County is under a Burn Ban. NO fires, fireworks, etc.

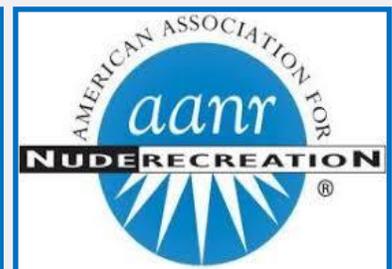
STORMY SKIES...

threatened Labor Day activities but a welcome sight, bringing hope for much needed rain.



WELCOME
new members

Larry C.
Ian W. & Stephanie M.
John & Rebecca S.
Glenn & Tracy G.
Cristian & Jennifer B.
Michael & Vicky I.
Richard F.,
Dan F,
Thomas & Beverly C.



Naked Musings of a New Nudist

by Rob D

Nudism or naturism, two sides of the same coin. Some see the two terms as synonyms, while others view them as dramatically different. Most would agree that regardless of which term you prefer, both evoke a sense of calm relaxation and a healthy connection to a common human condition, to be nude. Stripped free of everything; all pretenses and societal expectations.

My wife and I have been social nudists for a relatively short time. We first began visiting a nudist property in 2018. We quickly were “hooked” on nudism and became very involved. Within a year we were living full time as nudists at Star Ranch.

Now on to a deeper exploration of nudism. Some say nudists are more accepting of others. Some also say nudists are nicer. This is often true. Nudists are, by in large, a happy group; however, the simple fact that one has no qualms about socializing and going about daily life in what the British call “completely starkers” does not suspend the laws of human nature. You will encounter nudists you get along well with, and nudists you do not like. You will encounter nudists who would give the coat off their ... ah, well, that’s a bad analogy; let me try again. Some nudists will do almost anything to help a friend or an acquaintance in need. Others are simply not nice people. Just like in other areas of life, people are people, with all of their virtues, vices and idiosyncrasies. This is simply a reminder that as you shed your clothes, you don’t magically turn into a super virtuous, enlightened person. If the nude guy is a jerk in clothed life, tossing off his clothes won’t cure that. The same is true for the ladies. If a woman is unlikable wearing a designer suit, she will probably be as equally unlikable with an all over tan. The good news? The opposite is also true. A good person is a good person, regardless of their clothing choice. More good news is that the vast majority of nudists are “good” people.

Another common theme seen in nudist publications is that nudism is a great equalizer. That stripped of clothing there is no sense of social status and that doctors and lawyers mingle with janitors and fast food restaurant workers with no pretense; everyone becomes equal. Let’s refer back to the last paragraph. People don’t change based on their clothing choice. Yes, meeting others while naked does strip away initial impressions and gives friendships a chance to form without the added distraction of status as conveyed by clothing type; however, whether that stripping away and initial bond remains goes back to the laws of human nature. If a person is status conscious in their clothed life, that focus on status is very likely to remain even when they are socially nude; they remain “clothed” in their same perceptions and beliefs, naked or not.

Nudism is, in my opinion, very healthy and relaxing. It does “strip” away many of societal expectations of an individual. Embrace that. Take the calm and peace that comes with that. If you, like me, tend to be idealistic and see the best in people, be on guard if you are new to nudism. People are people, even when nude. Enjoy the enduring friendships you will make among nudists and encourage your clothed friends to join your new group of nude friends.

C.O.G. Board of Directors

President Crystal W
Vice President Ronnie B
Directors: Jamie M
Jean M
Bart W
Treasurer David M

Sahnoan Council

Deborah V
Mark D
Bob & Nancy R
CM J
Mark & Sandi S
Mike W & Jennifer M
John M

Star Ranch Staff

General Manager Linda McC
Business Manager
Front Office Melissa S
Maintenance Mike M
Patrick L
Housekeeping Kiara

*Thoughts
And
Prayers*

Classified Ads

The Board recently approved the reinstatement of ads in the Sahnoan Star, our monthly newsletter.

Please send your finished ad as a .jpeg file to Jennifer at jkm8765@gmail.com

Ad rates are as follows:

Full page ad—\$80

1/2 page ad—\$60

1/4 page ad—\$40

Business card ad—\$25

The Sahnoans at Star Ranch is a family-oriented nudist community/club that has been in operation since 1957. Dedicated to maintaining a wholesome and safe environment for the enjoyment of nudist activities, the Club is a member in good standing of the American Association for Nude Recreation (AANR) and AANR-Southwest. You have received this Newsletter because your are either a member of the club or you have opted-in on our website. Please let us know if you do not wish to receive future editions.

**The next Council meeting
is scheduled for
Sunday, September 11,
at 10:00am.**

STAR RANCH



McDade, Texas

Note from the Editor

Deadline for newsletter submissions is the 25th of each month. If you have an idea or submission for the newsletter, please email me at jkm8765@gmail.com. Jennifer M.

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